

Playsafe readaptation

Instruction:

Laminated Playsafe mouthguards can be readapted to a changed dentition.

It is most important to pay attention that the owner of the mouthguard does not bite too hard into the softened mouthguard. (See step 6 + 7.)

The risk of biting through the material must be minimized. A bitten through mouthguard loses its protection effect. (See step 6 + 7.)

Each readaptation will slightly thin the guard, therefore it is recommended to readapt the guard not more often than five times.



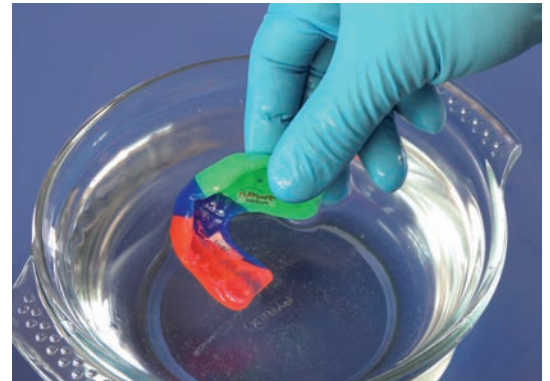
1. Put the mouthguard for 10 - 15 seconds into water at boiling temperature.



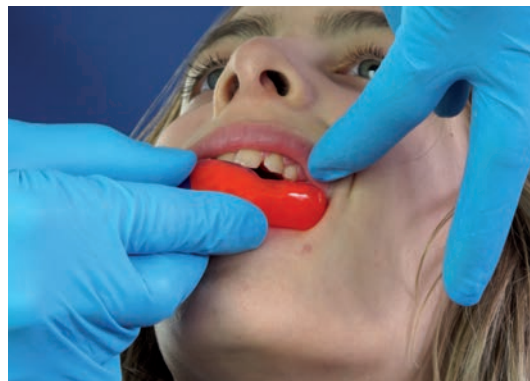
2. Take it out with the help of a spoon or similar.



3. Briefly (max. 2 sec.) drown the guard under cold water.



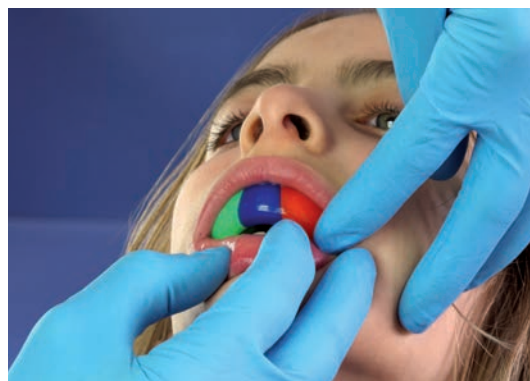
4. Now the surface is cold enough to take the guard in the hands and...



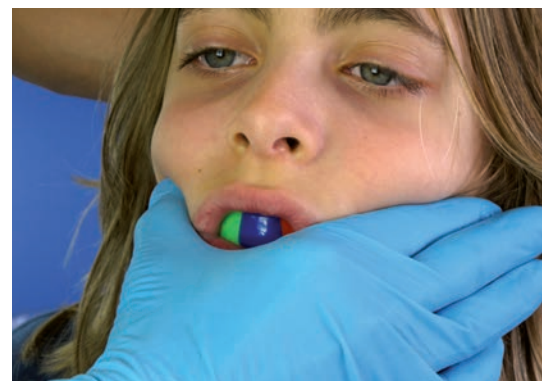
5. ...to place it into the owners mouth.



6. Push the guard upwards with little power.



7. The owner should not bite into the guard uncontrolled. Better guide the patients lower jaw into the guard.



8. The owner pushes with the tongue against the guard and the helper with the hand onto the cheeks in the gingival margin area. This position has to be kept for 2 min. (!), finished.



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